

Name: \_\_\_\_\_ Date: \_\_\_\_\_

### SENIOR MEETING CHECKLIST

|                           |
|---------------------------|
| Unweighted GPA:     Rank: |
|---------------------------|

|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Review Credits to Graduate & My 4 Year Plan                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | credits to date:<br>credits needed:                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
| CTE Program<br><a href="#">CTE Programs and Elective Clusters/Dept. Template (1.13.23)</a>                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| <p>Discuss Plans for College/Career:</p> <p><u>Pathway 1:</u> 4 year College<br/>Potential Major(s):<br/><br/>Potential Career(s):</p> <p><u>Pathway 2:</u> CCRI or Technical Training Program</p> <p><u>Pathway 3:</u> Directly into the workforce or workforce via an apprenticeship / work based learning program.</p> <ol style="list-style-type: none"><li>1. Research different unions and careers by clicking on links and going to webpage</li><li>2. Call unions to find out if they are accepting apprenticeship applications.</li></ol> | <p>College Planning Center of RI (for families)<br/><a href="#">college-planning-center</a></p> <p><b><u>FINANCIAL AID</u></b><br/>FAFSA<br/><a href="#">FAFSA® Application   Federal Student Aid</a></p> <p><a href="#">CSS Profile</a> (for some private schools)<br/><a href="#">CSS Profile Participating Institutions</a></p> <p><b><u>CCRI</u></b><br/>Application: <a href="#">How to Apply – CCRI</a></p> <p>2 Free Years w/RI Promise:<br/><a href="#">Rhode Island Promise – CCRI</a></p> <p>CCRI Course Catalog/Programs:<br/><a href="#">Community College of Rhode Island</a></p> <p><b><u>JAA-Joint Admission Agreement (URI/RIC): JAA – CCRI</u></b></p> <p><a href="#">CCRI/JWU Guaranteed Admission</a></p> <p><a href="#">CCRI Articulation Agreements</a></p> <p>RI Office of PostSecondary<br/>Commissioner: <a href="#">RI Transfers</a></p> |

|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>RI DLT</p> <ul style="list-style-type: none"> <li>• <a href="#">Apprenticeship   RI Department of Labor &amp; Training</a></li> <li>• <a href="#">RI DLT Apprenticeship options &amp; Trade Union Apprenticeships</a></li> </ul> <p>RI Building Trades<br/> <a href="#">Career Opportunities — Rhode Island Building &amp; Construction Trades Council</a></p> <p>RI Builders Training Programs<br/> <a href="#">Training Programs - RCWP</a></p> <p>Workforce RI<br/> <a href="#">Job Training Programs - RI DLT</a></p> <p><b>Pathway 4: Joining the military</b></p> <p>Research the Service Websites</p> <ol style="list-style-type: none"> <li>1. Air Force ROTC: <a href="http://www.afrotc.com">www.afrotc.com</a></li> <li>2. Army ROTC: <a href="http://www.armyrotc.com">www.armyrotc.com</a></li> <li>3. Navy ROTC: <a href="http://www.navy.com">www.navy.com</a></li> <li>4. U.S. Air Force: <a href="http://www.airforce.com">www.airforce.com</a></li> <li>5. U.S. Navy: <a href="http://www.navy.mil">www.navy.mil</a></li> <li>6. U.S. Marines: <a href="http://www.marines.com">www.marines.com</a></li> <li>7. U.S. Army: <a href="http://www.army.com">www.army.com</a></li> <li>8. U.S. Coast Guard: <a href="http://www.uscg.mil">www.uscg.mil</a></li> <li>9. Air National Guard: <a href="http://www.goang.com">www.goang.com</a></li> <li>10. Army National Guard: <a href="http://www.nationalguard.com">www.nationalguard.com</a></li> </ol> |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| <p>If applying to 4 yr colleges/ need letter from counselor:</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| <p><a href="#">Parent Brag Sheet</a> (Purple)</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | <p>Not needed for CCRI</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| <p><a href="#">Senior Survey</a> (Class of ... Yellow Sheet)</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | <p>Not needed for CCRI</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| <p><a href="#">Transcript Release Form</a>(Blue Sheet)</p> <ul style="list-style-type: none"> <li>• If under 18, need parent signature</li> <li>• Needed 7 school days prior to deadline</li> <li>• Unofficial transcripts available in Skyward Portfolio</li> <li>• If not a Common App school, need to say what they need from counselor and how (Fax, send.edu, etc)</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | <ul style="list-style-type: none"> <li>• If the first application deadline is in October or November, your transcript will not include Q1 grades. If any school requests Q1 grades, please email your counselor and state if the college/university is Common App or not.</li> <li>• Counselors will upload midyear transcripts to Common App without student asking. If any non-Common App schools need midyear reports, you will need to email your counselor after midterms with details about how to send it</li> </ul> |

|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                  |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | <ul style="list-style-type: none"> <li>Final transcript is sent to the one school you plan to attend after graduation</li> </ul> |
| Discuss Rank (weighted and exact) & Cumulative Unweighted GPA (GPA is on a 4.0 scale because an A is a 4.0)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | See above                                                                                                                        |
| <p>Discuss College Fairs &amp; “College Visits” (with admissions person at LHS or virtual)</p> <p><a href="#">2024-2025 LHS College Visit List - Google Docs</a></p> <p>See Emails from Mrs. Testoni (Director of Guidance)</p>                                                                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                  |
| <p><u>Discuss College Visits/Tours</u></p> <p>Sign up on college website</p> <p>Virtual options on college website or one of these resources:</p> <ul style="list-style-type: none"> <li><a href="http://www.youvisit.com">www.youvisit.com</a></li> <li><a href="#">Princeton Review Colleges that Offer Virtual Visits</a></li> <li><a href="#">Campus Tours</a><a href="https://www.princetonreview.com/college-advice/virtual-tours">https://www.princetonreview.com/college-advice/virtual-tours</a></li> </ul> <p>Info Sheet about College Visits:<br/><a href="#">GettingTheMostFromCollegeVisits.2020</a></p> |                                                                                                                                  |
| <p>Interviews (may be required <u>or</u> may demonstrate interest in the school and supplement application package)</p> <p> 1.PreparingForInterviewArticle</p> <p> THANK YOU LETTER NOTES</p>                                                                                                                                                                                                                                                   |                                                                                                                                  |
| <p><u>Preparation for special programs:</u></p> <ul style="list-style-type: none"> <li>Art may require a portfolio</li> <li>Music may require auditions</li> <li>Nursing &amp; Engineering usually need Physics in high school</li> <li>Nursing, Pharmacy, Engineering and other competitive programs may also have earlier deadlines and other specific requirements (gpa, content letters of rec., etc.)</li> <li>Advanced/condensed programs like a 5 year MBA, PA, or PT program should be researched, as well as a 6 year PharmD, etc.</li> </ul>                                                                |                                                                                                                                  |
| <p>Remind student about <a href="#">Guidance Webpage</a></p> <p>(Forms, Test dates, College Visits, Scholarships, etc.)</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                                                                                                                                  |
| <p>Possible College Testing Requirements: <a href="#">SAT</a> / <a href="#">ACT</a></p> <ul style="list-style-type: none"> <li>Students are <i>solely</i> responsible for sending their SAT scores to colleges through collegeboard.org or act.org</li> <li>On SAT day or within 9 days of taking SAT you can send 4 free score reports to colleges</li> <li><a href="#">Khan Academy Free SAT Prep</a></li> </ul>                                                                                                                                                                                                    | See ranges on collegeboard.org to determine if you want to send scores.                                                          |

|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                                                                                                                                                                                                      |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <ul style="list-style-type: none"> <li>• Can register for a second test in late summer/fall; scores could yield scholarships</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                                      |
| <a href="#">College Board</a> Login                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |                                                                                                                                                                                                      |
| <b>FEE WAIVER???</b> <ul style="list-style-type: none"> <li>• <u>Students who qualify for free/reduced lunch:</u> Must submit free and reduced lunch application for the current school year; Free and reduced lunch applications can be done online by clicking <a href="#">HERE</a>.</li> <li>• Complete this <a href="#">Consent form for Fee Waiver</a> if you qualify for free and reduced lunch in order to receive the college application fee waiver on Common App and/or College Board Fee waiver.</li> <li>• Email request to Mrs Testoni at <a href="mailto:testonic@lincolnpa.org">testonic@lincolnpa.org</a> for College Board waiver code for additional SAT tests and score sends<br/> <a href="#">SAT Fee Waiver Service (English)</a><br/> <a href="#">SAT Fee Waiver Service (Spanish)</a> </li> </ul> |                                                                                                                                                                                                      |
| <a href="#">Common Application</a> / Non-Common Applications<br><br><u>You'll need:</u><br>Counselor's email-<br>School phone number- 401-334-7500<br>School code- 400059<br>Your Social Security #<br><br><b>NOTE:</b> You should waive your FERPA Right to see your recommendations or colleges will not take the recommendation seriously (you cannot change this later)                                                                                                                                                                                                                                                                                                                                                                                                                                              | <a href="#">CA Direct Admission</a>                                                                                                                                                                  |
| <b><u>Letters of Recommendation</u></b> <ul style="list-style-type: none"> <li>• Always 1 from School Counselor</li> <li>• Ideally 1 teacher related to your major and</li> <li>• Definitely 1 teacher who knows you very well</li> <li>• Option for "other" (coach, scout leader, clergy, etc.)</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | <a href="#">Common App Brag Sheet for Teachers</a><br><br>NOTE: Grade 12 CCP and ILP core lesson in Xello require students to create a resume. Students may share the resume with their recommenders |
| <b><u>Self-reported Student Academic Record (SRAR/SSAR)</u></b> <ul style="list-style-type: none"> <li>• Required by <i>some</i> 4 year colleges (like URI)</li> <li>• Students use unofficial transcript from Skyward to report course and final grades</li> <li>• All elective classes are CP unless otherwise noted (Hon, AP, etc), except PE/Health which is "regular"</li> <li>• For senior classes that are in progress put "IP" instead of a final grade</li> </ul>                                                                                                                                                                                                                                                                                                                                               | <a href="#">SSAR Participating Institutions</a>                                                                                                                                                      |
| <a href="#">NCAA Eligibility Center</a><br>(Make appointment with/email Mrs. Borba                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                      |

|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                                                                                                                |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p><a href="mailto:@borbas@lincolnp.org">@borbas@lincolnp.org</a>)</p> <p><u>Division I or II Sports require you to</u></p> <ul style="list-style-type: none"> <li>• Create a Certification Account</li> <li>• <a href="#">NCAA Transcript Release Form</a></li> </ul> <p><u>Division III or undecided create a profile</u></p> <p><u>National Junior College Athletic Association</u></p> <ul style="list-style-type: none"> <li>• <a href="#">NJCAA Eligibility Requirements</a></li> </ul> |                                                                                                                                                                                                                                                                                                                                                                |
| <p>Tuition Break:</p> <p><a href="#">Rhode Island   New England Board of Higher Education</a></p> <p><b>- All bachelor's programs</b></p> <p>Eastern Connecticut State University [F]</p> <p>Massachusetts Maritime Academy [F]</p> <p>Southern Connecticut State University [F]</p> <p>University of Massachusetts Dartmouth [F]</p> <p>University of Massachusetts Lowell [F]</p>                                                                                                           | <p>Some New England region state schools offer a tuition break for certain majors that are not offered at RI state institutions.</p> <ul style="list-style-type: none"> <li>• <a href="#">Undergraduate Degree Programs</a></li> </ul> <p>NOTE: Some other New England colleges may have their own regional discounts outside of the Tuition Break Program</p> |
| <p><u>Scholarships:</u> Free Money (<a href="#">Guidance Website</a>, Guidance Office, local businesses, etc.)</p> <p>Note: If you need an unofficial transcript, download from Skyward portfolio. If need official submit <a href="#">Transcript Release Form</a> at least 7 school days prior to deadline</p>                                                                                                                                                                               | <p>Sometimes need to apply to the college by a specific deadline to be considered for merit scholarships (ex. URI Dec. 1 &amp; RIC Dec. 15)</p>                                                                                                                                                                                                                |
| <p><a href="#">Hope Scholarship   Rhode Island College (ric.edu)</a></p> <p><a href="#">Hope Scholarship FAQs</a></p>                                                                                                                                                                                                                                                                                                                                                                         | <p>-Last 2 years free tuition at RIC if go for 4 years</p> <p>-commit to “live, work, or continue their education in Rhode Island after graduation.”</p>                                                                                                                                                                                                       |
| <p><a href="#">RI Commerce Corporation-Wavemaker Fellowship</a> (STEM)</p> <p><a href="#">STEM &amp; Healthcare Eligible Job Title list 2023</a></p> <p>Sign up for listserv on personal email if you want to keep this on your radar.</p>                                                                                                                                                                                                                                                    | <p>The Wavemaker Fellowship is currently available to individuals who have graduated from a college/university, obtained a degree, work in the state of Rhode Island, live in the state of Rhode Island, and have student loan debt in good standing. Explore the Wavemaker Fellowship after you graduate from college/university to see if you qualify.</p>   |
| <p>FINANCIAL AID</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                                                                                                                |
| <p><a href="#">FAFSA</a> (can start in DECEMBER??)</p> <p>Student AND Parent/Guardian create fsa id; use tax return</p>                                                                                                                                                                                                                                                                                                                                                                       | <p>Required for college/university in</p>                                                                                                                                                                                                                                                                                                                      |

|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                        |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <ul style="list-style-type: none"> <li>• Even if you don't think you will qualify for aid, you should still complete FAFSA to be eligible for many scholarships, low interest loans, and special programs</li> <li>• FAFSA is required for CCRI RI Promise &amp; RIC Hope Scholarship</li> </ul> <p>NOTE: you need to complete the FAFSA every year</p>                                                                                                                                                                                                                                                                                                                                             | <p>order to be eligible for financial aid.</p> <p><b>The 2024–25 Free Application for Federal Student Aid (FAFSA®) form is now available, as a senior, you are awaiting the opening of the 2025-26 application</b></p> |
| <p><u>CSS Profile</u>?? (Look <a href="#">here</a> to see if schools require)<br/>Usually just for Private Schools<br/>Use existing collegeboard.org login</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | <p>Required for some colleges / universities. Check to see if the institution(s) you are applying to require this form. There is a fee associated with the CSS profile.</p>                                            |
| <p><u><b>COLLEGE PLANNING CENTER OF RI</b></u> (401-475-3544)<br/><a href="http://www.risla.com">www.risla.com</a> email <a href="mailto:staff@cpcri.org">staff@cpcri.org</a></p> <p>Note: When applying for school loans, check out RISLA's interest rates; sometimes they are lower than the federal loans via FAFSA.</p>                                                                                                                                                                                                                                                                                                                                                                         | <p>May make an appointment with the College Planning Center of RI for help completing the FAFSA and/or CSS Profile.</p> <p>(located on Chapel View Blvd, Cranston, RI)</p>                                             |
| <p><u>Application Deadlines:</u><br/>Early Decision (binding), Early Action, Regular Decision or Rolling Admission</p> <p><u>Consider Alternative Admissions Programs</u> if applicable: TD @ URI, PEP or ExCel @ RIC, etc.</p> <p><b>ALL APPS SHOULD BE DONE BEFORE THANKSGIVING!!!!</b></p>                                                                                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                        |
| <p><u>College &amp; Career Search Tools:</u><br/>Xello*, <a href="https://www.bls.gov/ooh">https://www.bls.gov/ooh</a>, <a href="http://www.bigfuture.org">www.bigfuture.org</a> &amp; <a href="http://www.collegeboard.org">www.collegeboard.org</a>, <a href="http://cappex.com">cappex.com</a>, and <a href="http://niche.com">niche.com</a> and</p> <p><u>Data Verse</u> is an excellent resource for College World Language Requirements:<br/><a href="https://www.collegetransitions.com/dataverse/foreign-language-requirements">https://www.collegetransitions.com/dataverse/foreign-language-requirements</a> .</p> <p>(See also Guidance website for post-secondary planning options)</p> | <p>1-2 reach, 3+ realistic, at least 1 true safety</p>                                                                                                                                                                 |
| <p><u>Xello:</u> ILP is required by the state; includes interest inventories, and search tools for careers, majors, colleges, and scholarships (login via Clever)</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                                        |
| <p><u>Class of 2025 class code:</u> <a href="#">me4grjo</a></p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                        |